

Age: \_\_\_\_\_ Training Week #: \_\_\_\_\_ to \_\_\_\_\_

Keep a drag line on the pup any time he is outside the crate/pen - Often work with **treats off my body** to make fading easier

S	M	T	W	T	F	S	<b>IMPULSE CONTROL</b>										
							Name recognition/Recall/eye contact – I am fun! Learning is fun!										
							Eye contact till released & no mugging										
							Mat work- go to mat, relax on a mat long term, wait briefly in ‘active ready’										
							Harness train- LLW – With me Leash pressure = look at me (Long line walks-move w/ me)										
							Crate games / crate practice										
							“Do nothing” in new places (I stand/sit still, let pup explore) Motivate settle on mat										
							Drop it on cue no matter what it is										
							Impulse Control- proper greeting, wait at doors/curbs, don’t chase moving objects										
							Retrieve on cue (all sorts of things)										
							Wait for retrieve cue even if toy is moving/food is tossed										
							Long down stay										
							On/Off switch game with toy and with food										
							No Mo FOMO- Working 1 dog while other waits on a station/mat										
							Waiting practice - with movement, distance, positions, and yelling cue from distance										
<b>PLAY:</b> Fleece loop attached to leash handle 4 tug							<b>WARM UP BEHAVIORS:</b>										
							Play with food/chasing/food=fun										Stretch-rear legs/bow/paws up on hand
							Toys-tug/fetch/switch										Fig 8
							Personal play/wrestling										Spins
<b>HANDLING:</b>							<b>RELAXED WHEN ALONE:</b>										
							May I touch you worksheet										Crated at home & in new places
							Vet care prep										In the vehicle
<b>ROUTINE CARE: (with licky mat/frozen treat)</b>																	
							Nail trims										In a room/behind a gate, in ex-pen
							Teeth brushing/scaling										With someone else- on leash
							Brushing										In a new location while loose
							Eye/ear cleaning/inspection										<b>REAR END AWARENESS:</b>
							Baths										Ladder work
<b>BY OTHER PEOPLE: (on ground/table)</b>																	
							Lifting										Pivot on bowl
							Exam										Walk over scattered PVC
							Put on muzzle										2on/2off
							Collar grab										Back foot targeting
							Grooming										Parallel boards
							Greeting politely										Target hips to open hand
<b>POSITIONS: (platform: sit-down-stand /foot targets)</b>							<b>FOUNDATION BEHAVIORS:</b>										
							Tuck Sit										Positive interrupter (kissy noise)
							Fold Back Down										Comfortable @ other animals
							Heel Left and right Side										Targeting
							Strut- forward facing										Carried/pouch/stroller
							Rise (Stand)										Empowerment exercises
							Front										Exercise ball/egg/peanut
							Follow (behind)										Bite Inhibition
							Finish left/right										Bucket Game
<b>OTHER:</b>																	
																	Enrichment
																	Brain games
																	Cookie Jar/delayed rewards
																	Doorbell/knock = go to place
																	Stationing (wait)
																	Down while being stepped over
																	Jump in my arms
																	Directional control/hand sig.

start by 16 wks.    by 6 mo    More Advanced

Work on creating a positive Conditioned Emotional Response to training and all spaces.

<b>OTHER Foundation Skills:</b>																			
									Socialization checklist items										
									Location specific markers										
									Acclimation in new places- +R eye contact while moving and settle on mat										
									Engagement training in new places (easy behaviors/play) +End cue										
									Follow a tossed treat/toy- helps if it bounces off something hard (auditory clue)										
									Potty new places/new surfaces										
									Sit/down (moving surface, sand, cold, warm, wet, in water, muddy, slippery, etc.)										
									Recall games (w collar grab)   Drop food as distraction, run away, then call.										
									Whistle Recall (4 short blasts)   Also hide and seek recalls										
									Pointing- follow my direction- start with tossed treat/toy- work on targets & CJ										
									Movement Puzzles										
									Flirt pole work (behaviors on cue start the game)										
									Resource guarding prev.- drop yummys in food bowl, lift bowl-put yummy in, trades										
									Free shaping (with start/end cues)										
<b>FOUNDATION MOVEMENT:</b> (free shape)					<b>SPORTS:</b>														
									Retrieve anything									Conformation	
									On									Scent work	
									Under									Tricks	
									Around									Happy Ratters	
									Through									Obedience	
									Get in (dog gets in something)									Rally incl. advanced signs	
									Take it -give dog something									Dog Scout badges	
									Hold/carry									Treibball	
									Left/right (turns)									Swimming	
									Go out (to target or around)									Agility	
									Nose push things									Lure Coursing	
									Pull it/tug									Dock Diving	
									Put thing in something									Parcour	
									Paw target	<b>FITNESS:</b>									
									Body target (shoulder)									Walking/running (on long line)	
									Body target (hips)									Platform work	
									Back up									Balance	
									Over a jump or obstacle									Core Strength	
									Sidestep Right									Flexibility/stretching	
									Sidestep left									Agility basics	
									Go left/right (directed signal)									Confidence course	
									Mimicry/Imitation									Swimming	
									Snake Avoidance Training									Back up	

**Fluency:**

No hesitation

No confusion

Precision/no variability

Generalized

Speed (if applicable)

Ignores distractions

Has Duration/Distance

Handler in any position

I=Intro/first time working on skill

P=Practice in known location

L= New Location

C= Cue added

■= working on fluency