

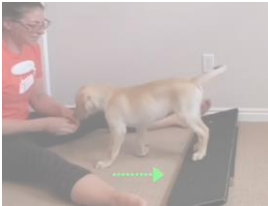
Puppy fitness

<https://www.facebook.com/reel/4299479946930864>

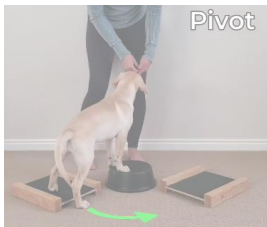
1. Front foot targeting to pivot platform



2. Rear foot targeting (back up to angled platform)



3. Pivoting



4. Sit platform work (tuck sit to stand (rear feet off platform) to tuck sit)



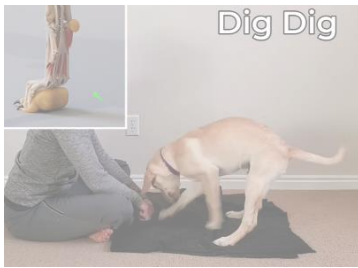
5. Front and rear foot target bars (like conformation trainer) Plus moving/luring head side to side and up/down.



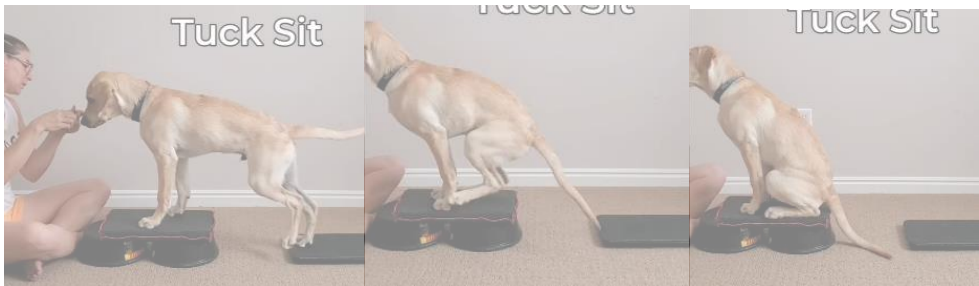
6. Rock back sit on platforms



7. Dig it



8. Tuck sit



9. Sit to stand to sit with front elevated



10. Walking backward



11. Fold back down

